



St. Louis School COVID-19 Guidelines

OVERVIEW

It is of the utmost importance that the health of our players, coaches and the St. Louis School community remains our top priority. With that being said, we have implemented the following COVID-19 guidelines to limit the risk of infection. The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment.

PURPOSE

The purpose of these guidelines is to create a comprehensive return-to-play plan for activities held at the St. Louis School gym that are compliant with CDC, federal, state and local regulations. These activities include but are not limited to: clinics, practices, and scrimmages.

PLAYER GUIDELINES

1. Any player or coach displaying COVID-19 symptoms will be prohibited from entering the gym.
2. Players and coaches must bring a completed and signed **COVID-19 ILLNESS/HEALTH ASSESSMENT** form to each practice or activity.
3. Every player will be required to check-in with their team parent to do temperature checks prior to entering the gym.
4. Parents will not be allowed to watch practices or remain on school property and will be asked to drop off their daughter and exit the property immediately.
5. Practice start and end times will be staggered to minimize large crowds.
6. Parents will arrive no earlier than 10 minutes prior to the assigned practice start time.
7. Parents will return to pick up their daughter no earlier than 10 minutes prior to scheduled end time and no later than 10 minutes after.
8. Coaches will designate and make players aware which doors they should use for gym entry and exit.
9. Players will enter the gym and place their bags in their assigned spot on the **floor** along the makai side bleachers. Players will be required to bring to every practice:
 - a. Mask – to be worn at all times
 - b. Sanitizer – used prior to the start of practice, at each water break and at the conclusion of practice
 - c. Water – remain socially distanced when taking water breaks
10. Players will not be allowed to share water bottles and/or food items.
11. Players will be allowed to use the restroom one at a time and will need to notify a coach.
12. Players will notify a coach if at any time they do not feel well. They will be escorted by a coach outside the facility and their parents contacted for immediate pickup.